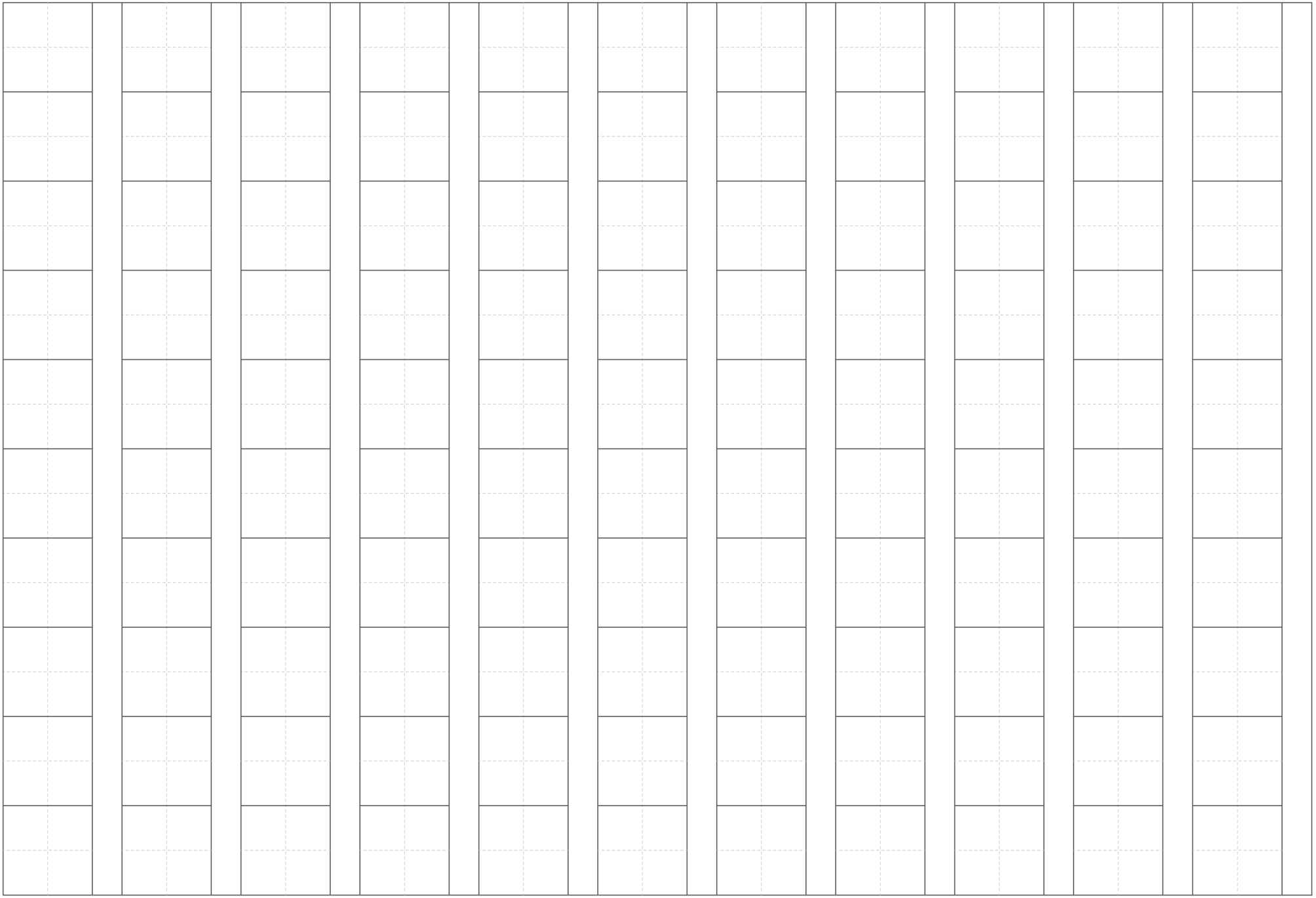しょうがく 1 ねんせい　しょしゃ れんしゅうようし